

Physical Education Teacher Education (PETE)

- National Organization for PE Teachers: [SHAPE America](#)
- Texas Association for Health, Physical Education, Recreation & Dance ([TAHPERD](#))

The purpose of this degree plan example is to:

- Highlighted the courses that must be taken if you want to become a PE Teacher
- Suggest specialized KIN elective courses that will best prepare you as a future PE Teacher
- Provide you with the most time efficient order to take the classes in

Fall Semester I

Course Number	Course Title	Hrs.
BIOL 1305	General Biology	3
BIOL 1107	Topics in Study of Life	1
KIN 1303	Foundations of Kinesiology	3
RWS 1301	Rhetoric and Composition 1	3
Math 1320	Math for Social Sciences	3
UNIV 1301	Critical Inquiry	3
		16

Spring Semester I

Course Number	Course Title	Hrs.
BIOL 2311	Human Anat.& Phys. I	3
BIOL 2111	Human Anat.& Phys. I Lab	1
PSYC 1303	Statistical Methods	3
HIST 1301	History of the US to 1865	3
RWS 1302	Rhetoric & Composition 2	3
HSCI 2302	Fundamentals of Nutrition	3
		16

Fall Semester II

Course Number	Course Title	Hrs.
BIOL 2113	Human Anat.&Phys. II	3
BIOL 2313	Human Anat.&Phys. II Lab	1
HIST 1302	History of US Since 1865	3
KIN 3315	Principles of Teaching & Leadership PE	3
KIN 3333	Motor Development	3
EDU 1342	Action Research in Classrooms	3
		16

Spring Semester II

Course Number	Course Title	Hrs.
KIN 3223	Lifetime Physical Activities	2
KIN 3221	Team Games and Sports	2
COMM 1301	Public Speaking	3
DANC 1304	Dance Appreciation	3
PHYS 1403	General Physics I	4
PHIL 2306	Ethics	3
		17

*** = Wintermester class

- Start applying to College of Education this semester

Fall Semester III

Course Number	Course Title	Hrs.
KIN 3217	Fundamental Movement Skills	2
KIN 3219	Individual Games and Sports	2
KIN 3303	Hist, Socio, Phil of Sport & PA	3
KIN 4312	Exercise Physiology	3
KIN 4314	Special Pop: Charac/Motor Beh	3
POLS 2310	Introduction to Politics	3
		16

- Start applying to College of Education this semester

Spring Semester III

Course Number	Course Title	Hrs.
KIN 4301	Personal Training	3
KIN 4319	Teaching Elementary PE	3
KIN 4330	Exercise Prescription & Programming	3
POLS 2311	American Government & Politics	3
RED 3342	Content Area Literacy	3
		15

Fall Semester IV

Course Number	Course Title	Hrs.
BED 4317	Tch & Empwr ELLs in Sec Schls	3
EDPS 3300	Intro to Youth Dev & Spec Ed	3
KIN 4313	Biomechanics	3
KIN 4320	Adventure Curricula	3
KIN 4321	Teaching Sec School Phys Ed	3
SCED 3311	Curriculum Plan-Secondary Schl	3
		18

*** = Must be admitted to College of Education

Spring Semester IV

Course Number	Course Title	Hrs.
TED 4698	Student Teach: All Levels PE	6
		6